



## Interdisciplinary Geriatric Assessment Form: Preparation for Discharge

### **Immediate Concerns/Suggestions:**

Shortness of breath limiting activity.  
Pt not managing medications & diet for diabetes independently.  
Decreased endurance impairing completion of functional tasks  
Subtle difficulties with memory present safety concerns  
Sleep apnea  
Stump itching (or pruritis)

### **Patient/family/stated outcome main concerns/suggestions:**

Spouse doesn't want pt to be alone at home while she is at work.  
Spouse wants pt to return to their home, but has expressed serious doubts as to how long she can manage physically & emotionally without daily support to assist her with meeting personal care needs of pt.  
Spouse concerned about use of "breathing" device at home.

### **Proposed action plan:**

1. Social Worker will contact local agency to arrange home health & other senior supportive services starting the day after pt is discharged from rehab center.
2. OT & PT will schedule home evaluation to assess present accessibility of home and if any changes could be made prior to D/C which would maximize pts independence in his home.
3. Respiratory therapy will train caregivers in use and maintenance of CPAP at home.
4. Prosthetist, PT, and RN will address stump itching with goal of eliminating itch before discharge.
5. Schedule follow-up with physician and prosthetist regarding orders for permanent prosthesis.

### **Person responsible:**

Social Worker will assist spouse in looking at what financial support services they qualify for & options for her to work and assist pt as needed.

### **Completed by:**

RN, OT, PT, MSW, RT, MD, psychologist